



CHO Newsletter

Serving DUNN LORING, MERRIFIELD, OAKTON & VIENNA areas

Organized in 1969 and supported by churches, civic organizations, and individuals, CHO - The Committee for Helping Others - provides simple, loving charity to persons in need of goods and services which they are unable to provide for themselves or obtain from government services.

November 2019

THOUGHTS FROM THE CHAIRMAN, OLLIE FOWLER:

For most of us in the United States, Thanksgiving is a holiday when we spend time with family and friends and then feast on turkey, stuffing, mashed potatoes, etc. It's so good, isn't it?

We commonly think of the First Thanksgiving as the one celebrated by the Pilgrims in Plymouth, Mass., in 1621. Interestingly, there were more Native Americans (90) than settlers (53) attending as everyone celebrated a bountiful harvest which would provide food through the winter.

Food was hard to come by in those days, but even today and even here in one of the wealthiest areas of the country, there are thousands around us who struggle to secure enough food and clothing for their families. CHO and other charities do their best to fill this need. We're able to do this only because of your generosity and participation in the many food and clothing drives held throughout the year. We appreciate your continuing support.

How else do we celebrate this holiday? Well, many of us attend a church service to praise God and thank Him for all our blessings. Some of us will spend time at food distribution centers making sure the homeless are fed. And of course, many, including me, will watch some football.

Thanksgiving is a perfect time to reflect on what is truly important. As Pastor Pete at Vienna Presbyterian Church reminds us periodically, these are *Faith, Family and Friends*. All the "stuff" we accumulate has minor significance compared to these three when you really think about it.

CHO wishes you all a blessed and very Happy Thanksgiving!

Ollie

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To Contact CHO:

Website:

www.cho-va.com

Email:

cho@cho-va.com

Phone:

202-681-5279 (Furniture)
703-679-8966 (Clothes)
703-281-7614 (All Other Services)

*Serving the
Community
For 50 Years
1969-2019*

Committee for Helping Others

P.O. Box 233 • Vienna, Virginia 22183

CHO Celebrates 50 Years

CHO celebrated its 50th Anniversary by honoring its institutional and individual supporters and volunteers at a reception on October 5 at Vienna Presbyterian Church.

CHO Chair Ollie Fowler welcomed all guests, and provided some background on CHO. Reverend Pete James of Vienna Presbyterian Church gave the opening blessing, and Linda Colbert, daughter of former mayor Jane Seeman, expressed appreciation for CHO's work from the town of Vienna. Former Chair Blaine Lotz discussed the early days of the organization, and Fairfax County Board of Supervisors member Cathy Hudgins presented a plaque of appreciation for CHO's work. And it was a very special moment when Ollie announced that Peg Boag's children were establishing a new fund for CHO in honor of their mother, who has worked with CHO from its beginning.

Guests at the event examined pictures of the local faith-based and community organizations that are institutional members of CHO. The guests included longtime CHO supporters, individuals who have organized fundraisers and often remain anonymous, former CHO Board members like Bryan Troutman and Steve Traut, and former Chairmen Blaine Lotz and George Bergquist (Jim Larson couldn't make it) and representatives of Fairfax County Social Services, who work with the CHO emergency services team.

CHO looks forward to another 50 years of service to the community.



Scenes from the Anniversary Party (left to right): Ollie Fowler and Supervisor Hudgins, a shot of the crowd, CHO stalwart Peg Boag and her daughter Jean.

N E E D S

The CHO Food Closet needs cooking oil, dish soap and laundry detergent (small bottles), canned stew and SPAM. And we can always use diapers. Please call the main CHO phone number, 703-281-7614, to make an appointment to drop off food and supplies.

The CHO Clothes Closet needs winter jackets for men, women and children, men's jeans, sizes 32-36, and clothes for toddler boys and girls, sizes 2-6. We can only accept winter clothing at this time. If you sponsor extended clothing drives, please consider delivering some of your contributions part way through the drive to help us sort and meet urgent needs. The Closet receives deliveries at the VPC Condos on Park Street on Monday mornings, or by appointment - call 703-679-8966. We **also need a volunteer to keep statistics of Clothes Closet activity!** If interested, email our volunteer coordinator at volunteer@cho-va.com.

The CHO Furniture Program will not be accepting donations during November and December so its volunteers can concentrate on the bike drive.

Fall Festivities Benefit CHO

NAVY FEDERAL 5K

Over 900 runners and walkers turned out to support CHO at the **Navy Federal 5K** on September 9. Casie Hanson, Navy Federal's director of fitness, organized the event and the legions of volunteers from Navy Federal. She introduced CHO's Ollie Fowler, who said a few words about CHO, and Mary McDuffie, the new head of the Navy Federal Credit Union. Both Ollie and Ms. McDuffie participated in the 5K, which raised \$20,000 for CHO. We appreciate the loyalty and enthusiasm of our Navy Federal neighbors.

CROP WALK & HUNGER BANQUET

The **Annual Vienna CROP Walk**, which supports global and local hunger relief efforts, was held on October 6 and raised over \$10,000. CHO was designated to receive one-fourth of the funds raised; three-fourth of the funds is sent to Church World Services, a global hunger relief organization that organizes these walks throughout the country. Rev. Kristen McBrayer of Emmaus United Church of Christ and Rev. Jon Strand of the Episcopal Church of the Holy Comforter led the Vienna Walk. The Walk began and ended at CHO, where CHO volunteers gave tours of the Food and Clothes Closets. A shorter "Café Stroll," stopping at Bards' Alley, Café Amouri and Rita's Gelato was added this year.

In September the Church of the Holy Comforter hosted a **Hunger Banquet** in connection with the CROP Walk that demonstrated in a visual way the disparity of food distribution in the world.

FALL FOOD DRIVES

Our Lady of Good Counsel's "Ghoulish Giving" during its Halloween Trunk or Treat event provided CHO with much needed food supplies and diapers. Vienna Presbyterian and the Boy Scouts also conducted food drives for CHO this fall. And see the notice below about NEVCA's food drive taking place now.



Navy Federal's Casie Hanson and Mary McDuffie and a few of the many Navy Federal volunteers.

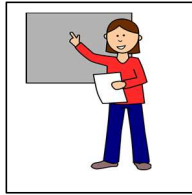


CHO's Ollie Fowler and Anne Moran give a tour of the Food Closet before the CROP Walk.

The Northeast Vienna Citizens Association is sponsoring a food drive for CHO from November 1 through December 28. All nonperishable items are welcome, but especially, laundry detergent, cooking oil, grape jelly, canned beef stew, canned chili, tomato sauce, dish soap, pancake mix & syrup.

Donations can be dropped off at: the Vienna Community Center (120 Cherry St. SE), Patrick Henry Library (Center St.) Bikes@Vienna (128-A Church St. NW), Ben & Jerry's (136 Maple Ave. W), Caffé Amouri (107 Church Street NE), Evolution Fitness (216 Dominion Road NE), Doctors Covel, Stack & Henon (120 Beulah Road), Drs. Rudolph & Paino (307 Maple Ave. W), SourceCore Fitness (901 Glyndon St. SE), Vienna Rexall Drug Center (150 Maple Ave. W), and the Vienna Arts Society (243 Church St. NW).

Annual Committee Reports



Summary reports for each CHO subcommittee for the July 2018 through June 2019 fiscal year follow, with CHO's Annual Report at the end of this Newsletter. The aid provided includes, but is not limited to:

EMERGENCY SERVICES: Supplies aid to individuals and families in meeting emergency rent, fuel, utility, dental, and medical bills and other miscellaneous aid.

- During the last fiscal year, almost 400 households were helped with payments of \$111,219.67 for in-area assistance, and \$4,850.46 for out-of area help, for a total of \$116,070.13. The primary expense continues to be rent, but requests for help with medical and dental bills are rising.

FOOD CLOSET: Distributes food and food certificates primarily to persons and families requiring immediate assistance. In addition, Christmas food certificates are distributed.

- In this reporting period, approximately 600 families (2500 people) were helped; plus 201 families and 694 people who were helped as part of the Christmas Store.

FURNITURE: Provides pick up of donated furniture and distribution to families in need.

- During this reporting period, we distributed over \$5,000 worth of household furnishings and appliances to families and individuals in need.

CLOTHES CLOSET: Collects and distributes clothing to the needy.

- During the 2018-19 season, the CHO Clothes Closet provided 80 winter coats, and served 240 families (2400 individuals) (some more than once) during our regular hours.

MEALS ON WHEELS: Provides meal deliveries from Vienna Presbyterian Church to persons having difficulty preparing their own food.

- During this reporting period, approximately 7,950 meals were delivered, with meals for six days a week, including Saturdays.

It's That Time Again - Your Help is Needed for the CHO Christmas Store and Bike Program

The **2019 Christmas Store** takes place this year on **Saturday December 7 at Vienna Presbyterian**. The Store provides gifts and grocery cards for families and children that CHO serves.

Volunteers are needed and welcome - both on Friday, December 6, 9:30 am to noon, to help set up, and on Saturday, December 7, from 8:30 to noon, to escort clients through the Store. This is a great way to get to know CHO and its volunteers.

Donations are also needed. CHO will be accepting donations of new unwrapped gifts for young children, and gift cards for teens, as well as food gift certificates from Giant and Safeway. We also will be accepting new or like new jackets and coats. Please donate clothes as soon as possible so they can be sorted in advance. Clothing and other donations can be dropped at the CHO Clothes Closet at Vienna Court Condos, 133 Park Street NE, across from the Vienna Presbyterian Church, any Monday morning or by appointment.

If you have questions, or to help with donations or volunteer for the event, please call [703-281-7614](tel:703-281-7614); [leave a message in Box # 1](#).



Don't forget bikes for our "Bike Distribution Program" that occurs the same day as the Store! New or gently used bikes can be dropped off on Saturday, November 9th and Saturday, November 23rd, between 10 am to noon, at Antioch Christian Church, 1860 Beulah Road, and Vienna Presbyterian Church, 124 Park St. NE. If you have questions about the bike program, or can volunteer to clean or collect, please contact danlarkins@verizon.net.

Many thanks in advance to all Christmas Store volunteers and donors. All of us who have worked at the Store are humbled when we see the faces of parents who know that they will be able to provide a merry and bright holiday for their children.

GET TO KNOW OUR CHO INSTITUTIONAL MEMBERS ST. MARK CATHOLIC CHURCH

St. Mark Catholic Church, a longtime supporter of CHO, is located on Vale Rd. in Vienna. Founded in 1965, the Church proclaims the Good News of Jesus Christ through service to people both inside and outside the church.

Their mission statement reads that “We the people of St. Mark Catholic Church are called by Christ to:
Worship God.
Invite all with love.
Nurture our faith.
Serve others”.

The part of the mission statement that declares: “We are called by Christ to invite all with love” is so important. In our current society, we don’t always follow this objective. We avoid or reject people because of economic status, race, sexual orientation, immigration status, etc. We could accomplish much more if we just followed St. Mark to “Invite all with love.”

Because St. Mark is a fairly large church with around 2800 members, a number of opportunities are available to participate in small groups to better assimilate into the community. St. Mark sponsors “Small Communities of Faith” that meet at homes to study the scriptures. Other groups—such as moms with children in college, and groups for single adults, meet for prayer and fellowship. CHO representative Bill Grossman coordinates the church’s service opportunities, such as volunteering at the Lamb Center for the homeless.

Since 2003, St. Mark has a pre-school learning center and a school for K-8 grades. A newsletter titled “Maneline” is published nine times a year and keeps members informed of activities in the church.

St. Mark is a caring church and CHO is happy to partner with them to help needy people in our area.

INTRODUCING

Two individuals who are serving CHO in new or different capacities:

Todd Hall is CHO’s new Vice Chair. He has been a member of Vienna Presbyterian Church for over 10 years, served on its capital campaign and as an usher, and is on the board of Belong, VPC’s outreach program for low income areas in Vienna.

Kelly Eldridge is working with CHO Board and volunteers to facilitate CHO’s outreach to the churches and other organizations that are CHO’s institutional members. Kelly has been a Vienna resident for 11 years and a member of VPC for 20, formerly serving as an Elder. She organized a non-profit, Graduate Women in Business, while receiving her MBA at the UVA Darden School of Business, and is currently a stay-at-home mom with two children.

NOTICES:

DONATION ADDRESS: Please send donations ONLY to CHO’s post office box (P.O. Box 233, Vienna, VA 22183). DO NOT send donations to any other address that may have been provided to you. Thank you!

PAPERLESS NEWSLETTER DISTRIBUTION: If you no longer wish to receive a paper copy of the CHO Newsletter by regular mail, please email us at cho@cho-va.com or leave a message on the CHO phone line 703-281-7614 letting us know that you’d like an email copy instead. The Newsletter is issued twice a year, usually in May and November. Shortly after going into the mail, a PDF version is available at our website www.cho-va.com.

CHO TREASURERS REPORT**12 MONTHS: JUL2018-JUN2019****INCREASE
OR
DECREASE**

BANK ACCOUNTS	1-Jul	30-Jun	
Checking	\$99,801.90	\$114,994.73	\$15,192.83
EMERGENCY FUND	\$21,195.15	\$21,199.83	\$4.68
MORELAND 2	\$83,971.48	\$84,952.63	\$981.15
TOTAL Bank Accounts	\$204,968.53	\$221,147.19	\$16,178.66

Cash Flow – 12 months
1 Jul 2018 – 30 Jun 2019

CATEGORY**RECEIPTS****CHURCH ORGANIZATIONS**

VIENNA PRESBYTERIAN WOMEN	\$500.00
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WOMEN OF HOLY COMFORTER	\$1,500.00
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TOTAL CHURCH ORGANIZATIONS	\$2,000.00
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CHURCHES

ANDREW CHAPEL	\$800.00
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EMMAUS UNITED CHURCH OF CHRIST	\$39.00
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CHURCH OF THE HOLY COMFORTER	\$2,500.00
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CHRIST CHURCH OF VIENNA	\$10,000.00
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EMMANUEL LUTHERAN	\$3,250.02
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EPIPHANY METHODIST	\$10,000.00
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NO. VA PRIMITIVE BAPTIST CHURCH	\$300.00
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OAKTON CHURCH OF THE BRETHEREN	\$662.69
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VIENNA BAPTIST CHURCH	\$2,350.00
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PROVIDENCE BAPTIST	\$1,548.00
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ST. MARKS	\$5,000.00
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VIENNA PRESBYTERIAN	\$19,996.00
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TOTAL CHURCHES	\$56,445.71
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CORPORATIONS

HOSCH VIENNA LLC	\$100.00
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BEN & JERRY'S	\$1,511.00
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TOTAL CORPORATIONS	\$1,611.00
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INDIVIDUALS	\$47,391.56
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VANCO PAYMENTS BY INDIVIDUALS	\$10,329.98
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TOTAL INDIVIDUALS	\$57,721.54
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INTEREST CHECKING	\$10.26
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INTEREST EMERGENCY FUND	\$5.05
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INTEREST MORELAND	\$124.85
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MORELAND UNREALIZED GAIN(OR LOSS)	\$856.30
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TOTAL INTEREST	\$996.46
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OTHER ORGANIZATIONS

BODY GRACE	\$200.00
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CROP WALK	\$4,135.69
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OPTIMIST CLUB	\$750.00
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GOLDEN GIRLS	\$2,980.00
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AMAZONSMILE	\$123.92
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EXXON-MOBIL CORPORATION	\$500.00
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NAVY FEDERAL CREDIT UNION	\$20,000.00
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NORTHERN VA MODEL RR	\$200.00
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GIRL SCOUT TROOP 50011	\$101.00
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NE VIENNA CITIZENS ASSOC	\$300.00
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TOWN OF VIENNA	\$1,500.00
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VIENNA HOST LIONS	\$400.00
OSFORD HOUSE HERMOSA	\$70.70
TOTAL OTHER ORGANIZATIONS	\$31,261.31
TOTAL RECEIPTS	\$150,036.02
DISBURSEMENTS	
ADMINISTRATION	
ADMINISTRATION BANK FEE	\$304.25
ADMINISTRATION: CHO TELEPHONE	\$948.80
BROCHURES AND NEWSLETTERS	\$1,368.95
ADMINISTRATION:POSTAGE	\$200.00
ADMINISTRATION:INSURANCE	\$2,533.00
ADMINISTRATION: CHECK PRINTING	\$213.04
ADMINISTRATION: PO BOX RENTAL	\$200.00
ADMINISTRATION: APPLICATION FEE,VBA	\$150.00
ADMINISTRATION: WEB SITE ENHANCEMENT	\$3,163.50
TOTAL ADMINISTRATION	\$9,081.54
FURNITURE/BIKE PROGRAM	
AUTO REGISTRATION	\$249.98
AUTO INSURANCE	\$1,428.00
AUTO PROPERTY TAX	\$128.17
BIKE PROGRAM	\$902.03
DIESEL FUEL	\$68.31
TRUCK REPAIR	\$267.10
TOTAL FURNITURE/BIKE PROGRAM	\$3,043.59
CHRISTMAS PROGRAM FOOD	\$2,400.00
FOOD:SUPPLIES	\$173.20
CLOTHING & CLOTHES CLOSET	\$1,565.00
MEDICAL	\$2,008.42
MISCELLANEOUS ASS'T	
CAR TAX	\$673.43
GIFT CARD	\$100.00
AUTO REPAIR	\$2,527.84
DENTAL BILL	\$1,500.00
HOTEL ROOM REIMBURSEMENTS	\$532.64
TAXI VOUCHERS/TRANSPORTATION	\$180.00
GASOLINE	\$355.98
EYE GLASSES	\$154.97
HEATER	\$50.00
INSURANCE	\$700.00
METRO ACCESS	\$604.00
STORAGE FEE	\$392.00
TOTAL MISCELLANEOUS ASS'T HOUSING ASS'T	\$7,770.86
MORTGAGE PAYMENT	\$1,000.00
RENTAL ASS'T	\$82,054.03
TOTAL HOUSING ASS'T UTILITY ASS'T	\$83,054.03
UTILITY ASS'T; ELECTRIC	\$21,307.18
UTILITY ASS'T;FUEL OIL	\$502.35
UTILITY ASS'T; GAS	\$4,330.24
UTILITY ASS'T: PROPANE	\$695.57
UTILITY ASS'T: WATER	\$1,360.33
UTILITY ASS'T; TELEPHONE	\$154.30
TOTAL UTILITY ASS'T	\$28,349.97
TOTAL TOTAL DISBURSEMENTS	\$137,446.61
RECEIPTS – DISBURSEMENTS	\$12,589.41

C.H.O.
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VIENNA, VA
22183

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Yes, I'd like to support CHO. Enclosed is
my check for \$_____

I'd like to volunteer for:

My name and address are:

Send to CHO, PO Box 233, Vienna, VA 22183

C H O

November 2019



Serving Vienna, Oakton,
Merrifield, and Dunn Loring