



# CHO

# Newsletter

Serving DUNN LORING, MERRIFIELD, OAKTON & VIENNA areas

Organized in 1969 and supported by churches, civic organizations, businesses, & individuals, CHO - The Committee for Helping Others -- provides simple, loving charity to persons in need of goods and services which they are unable to provide for themselves or obtain from government services.

**May 2013**

### Jim's Corner:

Thank you to all of you who support our efforts at the Committee for Helping Others (CHO).

We will elect a new Board of Directors for CHO at our June 25 meeting. Hopefully everyone knows that all CHO members are invited to attend that meeting (7:30 pm at Vienna Presbyterian Church). Fortunately, several key Board members wish to continue in office, so their names will be on the slate. There are, however, positions for which an incumbent will be unable to continue. These include Vice Chairman, Transportation Director, and Director at Large.

Two general needs for the new Board are broader organizational representation and the addition of younger members. We are in a cycle where many Board members represent the same one or two churches and retired seniors are over represented. No Board members represent our important non-church sponsors. We need Board Members from our non-church member organizations and from the younger generations.

Betty Little, Rebecca Huffman, and I are the Nominating Committee. Please let us know if you would like to nominate someone. Our contact information is as follows: Betty Little ([momlittle@aol.com](mailto:momlittle@aol.com) - 703 281 4118), Rebecca Huffman ([ghuffman@att.net](mailto:ghuffman@att.net) - 703 255 2654 ), or me ([jimclarson@cox.net](mailto:jimclarson@cox.net) - 703 938 5683). If you or someone in your Church or Organization are interested in being on the slate of nominees, please contact one of us before June 15. You can visit our Web Page at [www.cho-va.com](http://www.cho-va.com) for descriptions of other positions you may wish to nominate for.

Another piece of important news is that CHO's Board of Directors has adopted a new set of By Laws for the first time in more than ten years. Changes reflect the actions taken by the Board over this period such as increasing the maximum yearly financial assistance and revising the titles of Board officer positions. The

### **THIS ISSUE**

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### **Contact CHO:**

#### **Website:**

[www.cho-va.com](http://www.cho-va.com)

#### **Email:**

[cho@cho-va.com](mailto:cho@cho-va.com)

#### **Phone:**

**202-681-5279 (Furniture)**  
**703-281-7614 (All Other Services)**

*Serving the Community  
1969-2013*

**Committee for Helping Others**

P.O. Box 233 • Vienna, Virginia 22183

## *Jim's Corner, continued*

new By Laws were sent out with the minutes of the March Board Meeting. To receive a copy by email, please send a request to the CHO email address ([cho@cho-va.com](mailto:cho@cho-va.com)).



### **Website New and Improved**

Have you checked out CHO's new website at [www.cho-va.com](http://www.cho-va.com)? The totally redesigned site went active in February. It allows quicker and easier updates and news on CHO activities. Many thanks to Mike Bugaevski for his many years of service as CHO's webmaster. Additional thanks to Mike, along with Dan Larkins and Mike Croghan, who contributed many hours to make the new website possible.

## **Notices:**

**NOTICE!!** Please send donations ONLY to CHO's post office box (P.O. Box 233, Vienna, VA 22183). DO NOT send donations to any other address that may have been provided to you. Thank you!

**NOTICE.** If you no longer wish to receive a paper copy of the CHO Newsletter by mail, please let us know by email at [cho@cho-va.com](mailto:cho@cho-va.com) or by leaving a message on the CHO phone line 703-281-7614. The Newsletter is issued twice a year, usually in May and November. Shortly after going into the mail, a PDF version is available at our website [www.cho-va.com](http://www.cho-va.com).

## **N E E D S**

**The CHO Furniture Program's** most frequently requested items continue to be beds -- queen and full-size -- followed, more or less in order, by dressers, sofas, and table and chair sets. We are generally not able to accept king-size beds, sofa beds, living room chairs, and any items that are broken, damaged or excessively worn. We can occasionally accept refrigerators and electric washers and dryers if they are in good working condition. To arrange a pickup of items that you would like to donate, please call the Furniture Program phone number: (202) 681-5279.

In addition, the **CHO Furniture Program** continues looking for volunteers to drive its furniture truck. A commercial driver's license is required. (If you don't have a CDL, CHO can help you get one.) Volunteers are asked to drive 4 or 5 times a year on a Saturday morning. *Drivers do not need to carry furniture; other volunteers are available to do that.* Learn more about the Furniture Program at <http://tinyurl.com/CHOofurniture> and learn more about CHO at <http://cho-va.com>. To volunteer for the furniture program, contact Dan Larkins at [danlarkins@verizon.net](mailto:danlarkins@verizon.net).

**The CHO Food Closet** has been seeing heavy demand in recent months. We have a constant need for standard food items such as canned meat, spaghetti sauce and pasta, cooking oil, 2 pound bags of white rice, dry lentils, peanut butter and jelly, canned fruit, snacks for kids and cereal. As an "emergency" food source, we give these items to each client we serve. However, currently our biggest needs are for items not covered by the food stamp (SNAP) program like laundry detergent, dish detergent, diapers, personal products, and toilet paper.

The Food Closet is located in the Vienna Presbyterian Church (VPC) Condo building at 133 Park Street (Vienna Courts), across Park Street from VPC. To donate, call the CHO phone number (703-281-7614) for an appointment to drop off food or you can drop food in the donation box by the library in VPC (use the Park Street entrance). Please leave only food in the VPC drop box, not clothing. And please do not leave donations outside of 133 Park Street.

**The CHO Clothing Closet** requests donations of clothing that match the current season as storage space for off-season clothing is limited. There has been an increased demand for clothing because of the economic downturn and so there is a greater need for donations, particularly for men's clothing and children's clothing. The Closet is open for donations every Monday morning during the "season" (see summer hours article elsewhere in this Newsletter), or you can make an appointment by calling the main CHO phone number, (703) 281-7614.

**The CHO Transportation Program**, which provides rides to clients for medical appointments, is looking for a new team of drivers. One of our member churches had to drop out of the "rotation" for providing rides for the Program. If your church or organization is not currently involved in the Transportation Program, please consider whether you could put together a team to support the Program. Each team provides rides for a one week period approximately once every five weeks. A normal week would usually require 3 to 4 rides. If you think your church or organization might be able to help, please contact Cynthia Garner at [cgarner146@gmail.com](mailto:cgarner146@gmail.com) for more information. Thank you.

## **B R I E F S**

**Furniture Program Summer Schedule.** The Furniture Program will continue its normal schedule throughout the summer. Pickups will be made on the second and fourth Saturday of each month. Please visit our website to see the types of items we can -- and cannot -- accept. We will continue to distribute furniture on our regular schedule and will respond to special needs and emergency requests as we learn of them.

**Clothes Closet Summer Closing.** The Clothes Closet's last open day for this season will be Monday, June 17, and it will reopen on the Monday after Labor Day, September 9. In the interim, clothing will be available by appointment. Please call the CHO central number at 703-281-7614 and leave a message.

### **CROP Walk News**

**The 2013 Vienna Crop Walk** will be held on Sunday, November 10, again beginning on the Vienna Town Green. In addition, this year's Walk will be preceded by a Rally at Vienna Presbyterian Church (VPC) on Sunday, September 22. In case of rain on the Walk day, registration and closing will take place inside VPC. In addition to walkers, lots of volunteer helpers are needed on the Walk day. Also, if you would like to serve on the steering committee for the Walk, please contact Betty Rahal (see details below).

The CROP Walk is a Church World Service fundraiser to fight hunger worldwide and in our own community. As in previous years, CHO will receive 25% of the proceeds of the 2013 Walk. Last year's CROP Walk featured about 200 walkers and contributions totaled \$33,235.00 from which CHO received \$8,309.00. **Wonderful!!** Incidentally, Vienna can be very proud because, of the 23 walks in Virginia last year, the Vienna Walk came in third. First was Arlington with \$43,000, then Charlottesville with \$34,000, and then Vienna with \$33,000. The organizers were thrilled!!! That was almost \$7,000 more than the year before. Their goal is to keep climbing. The more the Walk earns, the more we can help those who are hungry.

For further details about the Walk or to have someone from the Walk Committee come to your church for an event, contact Betty Rahal at (703) 281-4032 or [betty.rahal@verizon.net](mailto:betty.rahal@verizon.net).

## **CHO Activities:**

**FOOD CLOSET:** The Food Closet distributes food and certificates primarily to persons and families requiring immediate assistance. It provides basic food items collected from our community and stored at the Condominium across Park Street from Vienna Presbyterian Church. In addition, Christmas food certificates are distributed and a Christmas "store" is organized to provide gifts for clients' children and clothing for the family. The Food Closet takes referrals from Fairfax County, area churches, and individuals.

**FURNITURE:** The Furniture Program picks up donations of gently used furniture, stores the items, and distributes them to families in need. For pickups and deliveries, volunteer drivers and helpers use their own vehicles and a truck donated by Fairfax County. The Town of Vienna provides us with a small storage facility at its Northside Property Yard.

**EMERGENCY SERVICES:** Emergency Services supplies aid to individuals and families in meeting emergency rent, fuel, utility, dental, and medical bills and other miscellaneous aid. It takes calls from churches, counties, and other referrers and takes immediate action, including coordination with adjacent helper organizations, working with our treasurer to pay bills directly, and/or arranging help from other CHO Programs

**CLOTHES CLOSET:** The Clothes Closet collects clothing and distributes it to the needy. It is located at 133 Park Street, across from Vienna Presbyterian Church. The Closet is open Monday mornings from 9:30 to noon during the school year. Donations are accepted every Monday. Clothing is distributed to clients on all except the first Monday of the month.

**TRANSPORTATION:** CHO's Transportation Program provides transportation to hospitals, clinics, doctors' offices, etc. Several churches provide driving services by volunteers for a week at a time, approximately every five weeks. The Program Manager coordinates the program with a lead volunteer at each participating church. Most rides are for doctor, hospital, and dental appointments. Occasionally, other destinations are provided for in special cases.

**MEALS ON WHEELS (MOW):** MOW provides meal deliveries to persons having difficulty preparing their own food. Food deliveries are made five days a week from Vienna Presbyterian Church.

### **Viva! Vienna!**

The **Rotary Club of Vienna** provides CHO with considerable financial support. The funds come primarily from their annual fundraiser, the **Viva! Vienna! Festival**. CHO received \$5000.00 each year from the 2011 and 2012 Festivals. Please support this year's Festival which will take place on Memorial Day weekend, Saturday through Monday, May 25-27, 2013 on Church Street in Vienna. For more information on the Festival, visit their website at <http://www.vivavienna.org/>. **Thank you to Rotary!**

### **Vienna Arts Society**

On Saturday, May 18, The Vienna Arts Society will hold a Ticket to Art Raffle and Silent Auction to benefit the Vienna Art Center and CHO. The Vienna Arts Society is a non-profit that holds workshops, hosts guest speakers, exhibits art work, conducts art lessons for adults and children, and contributes to the local community. In the Ticket to Art raffle, everyone is a winner. Artists contribute original works of art worth more than \$125. Each raffle ticket is sold for \$125. On Saturday, May 18 at 4:30 PM the public is invited to sample wine and light refreshments and bid on silent auction items. The silent auction closes at 5:30 PM and the raffle drawing begins. As each ticket is drawn, the ticket holder chooses a piece of art on display and it becomes their treasure. The drawing continues until all the tickets are drawn. **Thank you** to the Vienna Arts society for supporting CHO.

### **Stuff the Bus**

Thank you to everyone who donated food to CHO at the Stuff the Bus event held at the **Oakton Giant** on Saturday, January 26. Organized by the Fairfax County Office of Public Private Partnerships, Stuff the Bus encourages shoppers to purchase extra grocery items for local food closets and place them in a **Fastran Bus** parked in the Giant parking lot. As a result of this event, CHO's Food Closet received 40 large cartons of food. Each carton weighted 35 to 40 pounds for a total of 1,498 pounds of food! The food was a big help in feeding CHO's clients this winter. Folks who weren't interested in buying food donated an additional \$513.64 in cash for CHO to use to buy whatever is needed. Special thanks to the Oakton Giant manager, Scott Belcher, and his staff for all of their support, to the Fastran folks who donated their time to staff the bus and load the food for us, to the many CHO volunteers who were on hand to man the table during the day, and to Gary and Corky of Christ Church, Vienna, for making quick work of unloading the bus at the Food Closet.

### **Donations**

CHO annually receives donations totaling \$4,000.00 from the **ExxonMobil** Foundation's Volunteer Involvement Program (VIP). The VIP encourages volunteerism by ExxonMobil employees, retirees, and their family members by contributing to the organizations where they volunteer. In addition, CHO receives pledges directly from ExxonMobil employees through their ExxonMobil Employees' Favorite Charities campaign plus a donation from Exxon Mobil Corporation proportionate to those pledges. The income from these employee pledges is received throughout the year. **Thank you!**

The **Shepherd's Center of Oakton-Vienna's** annual Thanksgiving Interfaith Service took place on November 20. CHO receives half of the offering from the service, this year nearly \$1,500.00!

**Navy Federal Credit Union (NFCU)** has presented CHO a check for \$20,000.00! The money represented proceeds from NFCU's annual 5K Run/Walk on September 22, 2012, plus a corporate gift from NFCU. **THANK YOU!!** The 21st Annual NFCU 5K will take place on Saturday, October 5, 2013. For details and information on how to sign up, see the race website at [www.navyfederal5K.com](http://www.navyfederal5K.com).



### Donations (Continued)

In December CHO received a donation of nearly \$2,000.00 from the Dulles Chapter of **Thrivent Financial for Lutherans**. This represented proceeds of a dinner arranged for the benefit of CHO by Emmanuel Lutheran Church. **Thank you!**

CHO receives ongoing regular support from the **Women of The Church of the Holy Comforter**. The donations represent proceeds from their ongoing long term operation of the **Pennywise Thrift Store**. The most recent of these contributions was \$1,500.00 received in December. **Thank you!**

### Christmas Program Results

The **2012 CHO Christmas Program** on December 15 at Vienna Presbyterian Church (VPC) was, as always, a huge success. Program Chair Carolyn Mysel wants to give special thanks to the 143 volunteers who helped over the two-day period, both for the toy area set up in VPC's basement and the clothing area set up in the Great Hall. To quote Carolyn, this year "we had enough volunteers to make things run very smoothly." We had 311 families to help this year (869 people including 427 children). We had 16 adoptions, gave away 115 bikes, and had 55 donations (not including the bikes). OLCG donated \$8,950.00 in Giant food cards for this event. Thank you! We also had \$1,400.00 in donated cards that came in during the year, but still had to purchase additional cards to handle all of the families. Special efforts by the youth group at Antioch Christian Church and a used bike drive at local elementary schools resulted in our biggest year ever for bikes. Bikes @ Vienna and a special friend of CHO donated new helmets for each bike that found a new home. Tim Fricker and his crew at Bikes @ Vienna also cleaned and tuned every one of the donated bikes. As a result, Tim was nominated for and received a Town of Vienna community service award for his efforts in support of CHO. Now PLEASE MARK YOUR CALENDARS FOR DECEMBER 13 and 14 for our Christmas Store 2013!

The following table displays statistics for the event all the way back to 1992:

YEAR	#FAM	TOTAL	ADOPT	KIDS	DONATIONS	VOLUNTEERS
1992	132	582	41			
1993	141	612	30			
1994	157	544	34		24	
1995	137	545	34		25	
1996	131	511	36		42	
1997	141		52		43	
1998	167	594	92		32	
1999	150	543	87		44	52
2000	143	515	80		39	64
2001	159	502	83		34	36
2002	187	650	92		42	52
2003	197	841	104 a		63	66
2004	219	781	88 a		42	
2005	185	675	69 a	363	40	46
2006	210	670	41	416	54	55
2007	192	645	74 a	407 b	87	80
2008	261	914	22	459 b	62	107
2009	215	782	21	415	68	102
2010	241	820	22	392	68	78
2011	248	791	11	434	66	98
2012	311	869	16	427	55 c	143

a Years when Tysons Towers and New Generations people were adopted

b Donations of toys to Freedom Hill School added some kids to the numbers

c Not including bicycles

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CHO, INC  
TREASURER'S REPORT                      SIX MONTHS                      JULY-DECEMBER 2012  
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	Balance <u>6/30/2012</u>	Balance <u>12/31/2012</u>	INCREASE OR <u>DECREASE</u>
Bank Accounts			
Checking	\$77,332.13	\$83,983.29	\$6,651.16
EMERGENCY FUND	<u>\$21,132.80</u>	<u>\$21,140.08</u>	<u>\$7.28</u>
TOTAL Bank Accounts	\$98,464.93	\$105,123.37	\$6,658.44

CHECKING ACCOUNT

RECEIPTS

CHURCH ORGANIZATIONS			
VIENNA PRESBYTERIAN WOMEN	\$623.00		
WOMEN OF HOLY COMFORTER CHURCH	<u>\$1,600.00</u>		
TOTAL CHURCH ORGANIZATIONS		\$2,223.00	
CHURCHES			
ANTIOCH CHRISTIAN	\$500.00		
CHRIST CHURCH OF VIENNA	\$2,500.00		
EMMANUEL LUTHERAN	\$3,720.00		
EMMAUS UNITED CHURCH OF CHRIST	\$416.50		
HOLY CROSS	\$600.00		
MENNONITE	\$500.00		
PROVIDENCE BAPTIST	\$750.00		
VIENNA BAPTIST CHURCH	\$1,000.00		
VIENNA PRESBYTERIAN CHURCH	<u>\$9,794.00</u>		
TOTAL CHURCHES		\$19,780.50	
EXXON MOBIL CORP		\$500.00	
TOTAL INDIVIDUALS		\$22,775.00	
INDIVIDUALS, EXXON-MOBILE EMPLOYEES		\$2,136.34	
INTEREST CHECKING		\$3.45	
OTHER ORGANIZATIONS			
AMERICAN A'SSN RETIRED PERSONS	\$100.00		
EXXON-MOBIL CORPORATION	\$693.48		
MORMANS SERVICE DAY	\$441.00		
NAVY FEDERAL CREDIT UNION	\$20,000.00		
NETWORK	\$800.00		
OPTIMIST CLUB	\$375.00		
SHEPHERDS CENTER OF OAKTON	\$1,455.45		
TOWN OF VIENNA	\$1,500.00		
VIENNA GOLF CLASSIC	\$1,107.00		
VIENNA HOST LIONS	<u>\$500.00</u>		
TOTAL OTHER ORGANIZATIONS		\$26,971.93	
RETURNS		<u>\$31.61</u>	
TOTAL RECEIPTS			\$74,421.83

**DISBURSEMENTS**

<b>ADMINISTRATION</b>			
BANK FEE	\$30.00		
NEWSLETTERS/BROCHURES	\$715.18		
CHECK PRINTING	\$46.10		
CHO Telephone	\$207.78		
INSURANCE	\$225.00		
POSTAGE	<u>\$360.00</u>		
TOTAL ADMINISTRATION		\$1,584.06	
CHRISTMAS PROGRAM		\$2,545.50	
TOTAL FOOD		\$42.95	
<b>FURNITURE PROGRAM</b>			
BIKES	\$125.92		
DIESEL FUEL	\$238.17		
PROP. TAX	\$33.00		
SUPPLIES	<u>\$88.63</u>		
TOTAL FURNITURE PROGRAM		\$485.72	
MEDICAL		\$1,937.34	
<b>MISCELLANEOUS ASS'T</b>			
AUTO REPAIR	\$997.79		
DENTAL BILL	\$360.00		
GASOLINE	\$50.00		
SCHOOL LUNCH	\$500.00		
STORAGE FEE	\$135.00		
TAXI VOUCHERS	\$540.00		
Other MISCELLANEOUS ASS'T	<u>\$1,175.92</u>		
TOTAL MISCELLANEOUS ASS'T		\$3,758.71	
RENTAL ASS'T		\$36,327.74	
<b>UTILITY ASS'T</b>			
ELECTRIC	\$16,674.09		
FUEL OIL	\$300.00		
GAS	\$1,170.40		
PROPANE	\$238.00		
Water	<u>\$2,706.16</u>		
TOTAL UTILITY ASS'T		<u>\$21,088.65</u>	
TOTAL DISBURSEMENTS			<u>\$67,770.67</u>
<b>OVERALL TOTAL</b>			<b>\$6,651.16</b>

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Broker Accounts	Balance	Balance	
	<u>6/30/2012</u>	<u>12/31/2012</u>	
MORELAND FUND	\$88,987.68	\$88,990.74	\$3.06

The amount described as "Moreland Fund" was left to CHO as an endowment by one of our co-founders, Dan Moreland. Mr. Moreland was very specific as to the use of these funds. For that reason, this endowment cannot be and is not considered part of CHO's day to day or emergency operations account.

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C.H.O.  
P.O. BOX 233  
VIENNA, VA  
22183

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DULLES, VA

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Yes, I'd like to support CHO. Enclosed is  
my check for \$\_\_\_\_\_

I'd like to volunteer for:

My name and address are:

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Send to CHO, PO Box 233, Vienna, VA 22183

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**CHO**

May 2013

The Committee for  
Helping Others



Serving Vienna, Oakton,  
Merrifield, and Dunn Loring