



# CHO Newsletter

Serving DUNN LORING, MERRIFIELD, OAKTON & VIENNA areas

Organized in 1969 and supported by churches, civic organizations, and individuals, CHO - The Committee for Helping Others - provides simple, loving charity to persons in need of goods and services which they are unable to provide for themselves or obtain from government services.

**November 2015**

## George's Corner:

**Changing of the Guard:** Sadly, Margaret Fischer (Emergency Services and wife of our Treasurer, Bryan Troutman) and Cynthia Garner's (Corresponding Secretary) husband, Dave, both died unexpectedly in July. Bryan and Cynthia have agreed to stay with CHO for the time being, and we are most grateful. Anne Moran has graciously stepped in to help with Emergency Services in addition to performing duties as our Publicity person in place of Steve Traut, who stepped down at the end of June. Thanks, Steve for services rendered. Betty Little, currently our Recording Secretary, has graciously stepped in to serve as Vice Chair doing double duty as Anne is. Dedicated volunteers are hard to come by.

For those of you who are risk-takers, energetic and, by nature, servants at heart, we would invite you to give CHO a try with clothes folding, food distribution, truck driving, furniture moving, or social work (Emergency Services). I personally favor the truck driving and furniture moving. The short-term pay is minimal, but the long-term benefits are incalculable. Call me at 703-727-5846 to talk.

**Thanks for your donations last year:** We received \$160,000 from churches, individuals, and organizations - more than in the previous 45+ years. We are not exactly sure what happened, but due to your collective generosity, it was marvelous and our local clients are reaping the benefits through the provision of supplemental assistance for rent, utilities, and medical care that CHO can provide as a result. CHO was and continues to be blessed.

**CHO's connection with you ...** We move slowly, but we are coming to you. Sadly or maybe thankfully there are only 24 hours in a day. Not all of us can spend half a day every day of the week doing CHO stuff when some of us still work (I don't), have kids at home, or need to spend more time to maintain a loving relationship with a spouse. We want to start with our church family of 25 or so member congregations. We want to come talk,

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### **To Contact CHO:**

#### **Website:**

[www.cho-va.com](http://www.cho-va.com)

#### **Email:**

[cho@cho-va.com](mailto:cho@cho-va.com)

#### **Phone:**

**202-681-5279 (Furniture)  
703-281-7614 (All Other  
Services)**

*Serving the Community  
1969-2015*

**Committee for Helping Others**

P.O. Box 233 • Vienna, Virginia 22183

## *George's Corner, continued*

to remind you who we are and what we do, to thank you in person for doing what you do today with CHO, to ask how you might want to be involved with us if you are not, to find out whom we should regularly email in order to stay in touch, and to let you know where CHO needs help, and to become better partners (maybe or maybe not on Facebook too).

Visiting one another, as you know, is time-consuming and will take some effort on both our parts. Were that it was as simple as texting, but seeing one another's eyes, sensing the initial discomfort, and maybe eventual warmth between people, and becoming empathic is probably not going to happen using an electronic gadget. I and we look forward to better and more frequent communication between us.

And we want to find out among you Rotarians, Lions, Optimists, grocers, bankers, realtors and other local organizations who might be able to be a "quick responder" when there is an urgent call for a particular food or piece of clothing. And one day, we may have email addresses for all you individual donors - we have about 25 of those today. Please keep the faith with us ... Thanks



**CHO Clothes Closet**

## **N E E D S**

**The CHO Food Closet** is currently in need of 2 lb. bags of white rice, cooking oil, kids' snacks, kids' cereal, Spam, laundry detergent, and diapers sizes 3, 4, 5, and 6. Please call the main CHO phone number, 703-281-7614, to make an appointment to drop off food.

**The CHO Clothing Closet** always needs clothing for newborns to 6T (girls and boys), winter jackets and men's clothes (particularly jeans and black work pants for restaurant workers) sizes 30 to 36. The Closet is open to receive deliveries at the VPC Condos on Park Street on Monday mornings, or you can make an appointment by calling the CHO clothes closet number, 703-679-8966, or the main CHO phone number 703-281-7614.

**The CHO Furniture Program** has an ongoing need for beds (all sizes except King), dressers and chests of drawers, sofas and love seats (but no sleep sofas or sectional sofas), dining table/chair sets, microwave ovens, rugs, lamps, baby cribs and mattresses. The Program also collects gently used and new bicycles for the Christmas Store. We do not need coffee tables and end tables, living room chairs, large cabinets, hutches, bookcases, entertainment centers, desks, or desk chairs. We can occasionally use large electric appliances (washers/dryers/refrigerators/stoves) if they are in good working condition. The Furniture Program warehouse, provided by the Town of Vienna, is located in the Northside Maintenance Yard on Mill Street in Vienna. The truck used by the Program was a donation from Fairfax County. The Program is currently in need of additional help for its weekly pickups and deliveries.



## E V E N T S

### SCOV Thanksgiving Interfaith Service - Nov. 24

**Mark Your Calendars.** This year's **Thanksgiving Interfaith Service** hosted by the Shepherd's Center of Oakton-Vienna (SCOV) will be held on Tuesday, November 24, at Emmanuel Lutheran Church. CHO will share the offering received at the service with the Lamb Center. Last year CHO received over \$1,039.57 as its share of the offering! **Thank you.**

### NFCU 5K Run/Walk

The **Navy Federal Credit Union (NFCU) 5K Run/Walk** was held on Saturday morning, October 3, with the great turnout and excellent running times despite (or perhaps because of) the chilly day and threatening skies. George provided some brief remarks about CHO's mission at the beginning of the event. Proceeds from the race, plus a corporate donation from NFCU, provide a tremendous boost in support of our work every year. **A huge thank you to NFCU!**

### CROP Walk

The **Vienna Crop Walk** occurred on Sunday, October 18. The CROP Walk is a fundraiser to fight hunger worldwide and in our own community. The 3-mile walk began at the Town Green, proceeded through parts of Vienna, and ended back at the Green for refreshments and door prizes from over 30 Vienna businesses. As in previous years, CHO will receive 25% of the proceeds of the 2015 Walk. CHO received over \$8,300 from the 2014 CROP Walk, and since the inception of the Walk in Vienna, CROP has provided about \$58,000 to CHO! This year local businesses, including Vienna's **Chipotle** and Oakton's **Bob Evans**, held special CROP days in which they donated a portion of their proceeds to raise additional funds. Other local businesses and organizations that supported CROP in various ways this year included **CEEXEC**, **Vienna Presbyterian Church**, **Vienna Rotary Club**, **Pure Chiropractic**, **Commonwealth Home Remodelers**, **Body Grace Fitness**, **Waterfalls Wellness**, **John Edwards Hair Design**, **Orthodontics by Crutchfield**, and many, many others. CROP funds also support Church World Service's (CWS) efforts for emergencies such as earthquakes and floods. For further details about CROP, please contact Betty Rahal at (703) 281-4032.

### Day to Serve

On Saturday September 19<sup>th</sup>, volunteers from Oakton United Methodist Church, The Church of Jesus Christ of Latter-day Saints, and Oakton Church of the Brethren came together to serve multiple area community organizations. CHO was among the beneficiaries of their efforts, receiving 42 boxes of clothing and 8 boxes of food. The September 19<sup>th</sup> event was one of many Day to Serve (<http://daytoserve.org>) events that occur across Virginia and nearby areas in the fall. After a morning of working together, we got the chance to fellowship over a delicious picnic at Nottaway Park with some great bluegrass music. Many thanks to all who participated. If interested in next year's event, please email [cho.clothes.closet@gmail.com](mailto:cho.clothes.closet@gmail.com).

## Navy Federal Credit Union 5K



## Day to Serve



## Annual Committee Reports

The reports for each of the Committee for Helping Others (CHO) subcommittees for the July 2014 through June 2015 fiscal year follow. CHO's Annual Report is at the end of this Newsletter. The purpose of CHO is to provide charity to needy persons in the community. CHO's primary geographic area of charitable work includes Vienna, Oakton, Merrifield, and Dunn Loring, Virginia. The aid provided includes, but is not limited to:

**EMERGENCY SERVICES:** Supplies aid to individuals and families in meeting emergency rent, fuel, utility, dental, and medical bills and other miscellaneous aid.

- During the last fiscal year, 156 utility bills, 248 rent and mortgage bills, 21 medical bills, and 28 miscellaneous bills were paid, resulting in 453 bills paid totaling \$116, 882.

**FOOD CLOSET:** Distributes food and food certificates primarily to persons and families requiring immediate assistance. In addition, Christmas food certificates are distributed.

- In this reporting period, 824 families (2,983 people) were helped, including 230 families (859 people) as part of CHO's annual Christmas program.

**FURNITURE:** Provides pick up of donated furniture and distribution to families in need.

- During this reporting period, we distributed approximately \$17,700 worth of household furnishings and appliances in response to 112 requests.

**CLOTHES CLOSET:** Collects and distributes clothing to the needy.

- During the 2014 - 2015 fiscal year, the CHO Clothes Closet served 791 families (2817 individuals). A conservative estimate is that we provided two tons of clothing to clients this season. Volunteers spent 465 hours serving clients. With flood repairs from the 2013-2014 year completed, we have returned to more stable operations as shown through the activity levels above. These figures are roughly double what they were last year. Note that estimates do not include clients served or hours volunteered outside of normal operational hours.

**MEALS ON WHEELS:** Provides meal deliveries from Vienna Presbyterian Church to persons having difficulty preparing their own food.

During this reporting period 5,001 meals were delivered, and beginning in May, deliveries were made six days a week, including Saturdays.

**TRANSPORTATION:** The CHO Transportation Program has been suspended. Ride requests are referred to the Shepherd's Center of Oakton-Vienna.



## Loaves and Fishes

The following is adapted from talks given by Rebecca Huffman about CHO.

On my way out of VPC's service two weeks ago and anxious to get home and enjoy Sunday brunch, I practically tripped over two large grocery bags labeled C-H-O that were just outside the church office. "Let us go from this place...to love the Lord." I heard "OK, God, you want me at CHO." I thought, "now, here's MY plan...I'm just dropping these bags in the pantry and THEN I'm going home!"

I put the bags down and began to leave...when the office phone rang. I answered and recognized the voice - it was a young mother, a client I've helped several times. She asked if she could meet me right away - she was in dire need of food for her family. I heard the distress in her voice, but also more of the benediction from the day's service, "Of course!" I told her. "I'm here ..." (t)o serve the Lord and serve the people...

My heart sank as I looked at the nearly-empty tomato storage shelf. This family would NOT get a generous supply of canned tomatoes today - staple items for their home-cooked meals. I hurriedly packed \*other\* food to substitute for the lack of tomatoes...and that's when I noticed our rice inventory was low, too.

As I wheeled her food cart out the door, I caught sight of the two bags I'd brought over from church - I'd forgotten to unpack those! And inside the bags were...canned tomatoes and many bags of rice...more than enough to feed this family and others! Truly, a blessing of God Almighty, Father, Son and Holy Spirit!



## **Church Street Stroll - November 30**

Santa, music and more will be at the "Church Street Stroll" along historic Church Street, Vienna on November 30, 6 pm to 9 pm (Santa arrives at 6:15). A canned food collection at the event will benefit CHO. Hope to see you at this holiday festivity sponsored by Historic Vienna, Merchants of Church Street, and Vienna Parks and Recreation.

## **Christmas Program - December 12**

The **2015 Christmas Program** distribution day will be Saturday, December 12, at Vienna Presbyterian Church. As always, we need groups or families who are willing to "adopt" needy client families. We need many volunteers on both program days -- Friday, December 11, starting at 9:00 am to help set up and Saturday, December 12, starting at 8:30 am to help take clients through the store. Please join us this year to help the less fortunate in our community.

We are still looking for donations of food cards for adults, gift cards for teens, new toys for children ages 0 to 12, bicycles in good condition, and new or like new clothing. We expect the number of families needing help to continue increasing this year, so our needs are expanding. We are especially in need of new or like new clothing for the Program. Please donate clothes as soon as possible so they can be sorted before the Christmas Store. Clothing donations can be dropped at the Clothes Closet any Monday morning or by appointment.

Bikes can be dropped off on November 14 and November 28, between 10 a.m. and 2 p.m. at the Vienna Presbyterian Church (Mill Street entrance) and at the Antioch Christian Church (1860 Beulah Road). If you have questions about bike collections, please contact [edjporter8@gmail.com](mailto:edjporter8@gmail.com).

If you have questions or to let us know that you will be helping with donations or will volunteer for the event, please call Carolyn Mysel at [703-938-7213](tel:703-938-7213).



**Christmas Store Toys**



**Christmas Store**

### **Notices:**

**DONATION ADDRESS:** Please send donations ONLY to CHO's post office box (P.O. Box 233, Vienna, VA 22183). DO NOT send donations to any other address that may have been provided to you. Thank you!

**NEWSLETTER DISTRIBUTION:** If you no longer wish to receive a paper copy of the CHO Newsletter by regular mail, please let us know by email at [cho@cho-va.com](mailto:cho@cho-va.com) or by leaving a message on the CHO phone line 703-281-7614 and letting us know if you'd like an email copy instead. The Newsletter is issued twice a year, usually in May and November. Shortly after going into the mail, a PDF version is available at our website [www.cho-va.com](http://www.cho-va.com).

CHO, INC.  
ANNUAL REPORT  
7/1/2014 THRU 6/30/2015

	<u>7/1/2014</u> <u>Balance</u>	<u>6/30/2015</u> <u>Balance</u>	<u>INCREASE or</u> <u>DECREASE</u>
<u>Bank Accounts</u>			
Checking	\$22,486.85	\$49,928.93	\$27,442.08
EMERGENCY FUND	\$21,155.94	\$21,166.53	\$10.59
MORELAND 2	<u>\$88,997.98</u>	<u>\$88,402.01</u>	<u>\$595.97</u>
TOTAL Bank Accounts	\$132,640.77	\$159,497.47	\$26,856.70

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CASH FLOW

RECEIPTS

CHURCH ORGANIZATIONS

VIENNA PRESBYTERIAN WOMEN	\$325.00
VPC SWATT TEAM	\$695.00
WOMEN OF HOLY COMFORTER CHURCH	<u>\$1,500.00</u>

TOTAL CHURCH ORGANIZATIONS

\$2,520.00

CHURCHES

ANDREW CHAPEL	\$571.22
ANTIOCH CHRISTIAN	\$500.00
CHRIST CHURCH OF VIENNA	\$5,000.00
CHURCH OF THE HOLY COMFORTER	\$2,500.00
CHURCH OF THE HOLY CROSS	\$1,200.00
EMMANUEL LUTHERAN	\$3,938.89
EMMAUS UNITED CHURCH OF CHRIST	\$200.00
EPIPHANY METHODIST	\$385.00
FIRST BAPTIST CHURCH OF VIENNA	\$2,000.00
MENNONITE	\$500.00
NO. Va PRIMITIVE BAPTIST CHURCH	\$300.00
OAKTON CHURCH OF THE BRETHREN	\$875.00
PROVIDENCE BAPTIST	\$1,419.00
ST. MARK'S	\$4,000.00
VIENNA BAPTIST CHURCH	\$2,300.00
VIENNA PRESBYTERIAN CHURCH	\$22,413.00
WESLEY METHODIST	<u>\$3,668.66</u>

TOTAL CHURCHES

\$51,770.77

Gift Received

\$335.00

INDIVIDUALS

\$57,358.06

INDIVIDUALS, EXXON-MOBILE EMPLOYEES

\$3,600.00

INTEREST CHECKING

\$3.17

INTEREST EMERGENCY FUND

\$12.00

INTEREST MORELAND

\$6.62

Other Inc

Other Inc: GIFT CARD PURCHASE

\$130.00

TOTAL Other Inc

\$130.00

OTHER ORGANIZATIONS

AARP VIENNA CHAPTER #754	\$100.00
AMERICA'S CHARITIES	\$3,143.31
AT&T EMPLOYEE GIVING	\$20.00
BODY GRACE	\$350.00
CROP WALK	\$8,440.72
EXXON-MOBIL CORPORATION	\$500.00
GOLDEN GIRLS	\$1,125.00
MADISON GIRLS LACROSSE TEAM	\$93.00
NAVY FEDERAL CREDIT UNION	\$20,000.00
NORTHERN VA. MODEL RAILROADERS	\$250.00
OPTIMIST CLUB	\$375.00
ROTARY CLUB OF VIENNA	\$5,000.00
SEKAS HOMES	\$1,000.00

SHEPHERDS CENTER OF OAKTON	\$1,039.50	
SMALL BUSINESS	\$250.00	
SONS OF THE AMERICAN LEGION SQD 180	\$250.00	
STUFF THE BUS	\$513.09	
TOWN OF VIENNA	\$1,500.00	
TURNER,LEINS & GOLD LLC	\$100.00	
VERIZON FOUNDATION	\$50.00	
VIENNA BAPTIST CHILDRENS CENTER	\$280.00	
VIENNA DRUG CENTER	\$300.00	
VIENNA QUILTERS UNLIMITED	\$100.00	
VIENNA WOMENS CLUB	\$100.00	
TOTAL OTHER ORGANIZATIONS		<u>\$44,879.62</u>
TOTAL RECEIPTS		<u>\$160,615.24</u>

#### DISBURSEMENTS

ADMINISTRATION		
BANK FEE	\$144.08	
BROCHURES AND NEWSLETTERS	\$1,021.89	
CHECK PRINTING	\$373.05	
CHO Telephone	\$548.22	
INSURANCE	\$1,714.00	
POSTAGE	\$192.00	
SUPPLIES	<u>\$147.97</u>	
TOTAL ADMINISTRATION		\$4,141.21
CHRISTMAS PROGRAM		\$2,226.70
CLOTHES CLOSET		\$677.78
FURNITURE PROGRAM	\$554.71	
DIESEL FUEL	\$83.74	
PROP. TAX	\$100.65	
SUPPLIES	\$43.00	
TRUCK INSURANCE	\$1,741.69	
TRUCK REPAIR	<u>\$3,338.23</u>	
TOTAL FURNITURE PROGRAM		\$5,862.02
INVEST. VALUE		\$2.25
MEDICAL		\$3,970.98
MISCELLANEOUS ASS'T		
AUTO REPAIR	\$1,671.09	
DENTAL BILL	\$1,440.00	
FUNERAL	\$500.00	
FURNITURE & EQUIPMENT	\$100.00	
GASOLINE	\$300.00	
LOAN PAYMENT	\$1,100.00	
LEGAL FEE	\$140.00	
STORAGE FEE	\$360.40	
TAXI VOUCHERS	\$300.00	
TOTAL MISCELLANEOUS ASS'T		\$5,911.49
RENTAL ASS'T		\$73,507.13
UTILITY ASS'T		
ELECTRIC	\$28,113.57	
FUEL OIL	\$711.89	
GAS	\$3,372.45	
PROPANE	\$750.00	
Water	\$4,515.57	
TOTAL UTILITY ASS'T		\$37,463.48
TOTAL DISBURSEMENTS		<u>\$133,758.54</u>

OVERALL TOTAL \$26,856.70

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The amount described as "Moreland Fund" was left to CHO as an endowment by one of our co-founders, Dan Moreland. Mr. Moreland was very specific as to the use of these funds. For that reason, this endowment cannot be and is not considered part of CHO's day to day or emergency operations account.

C.H.O.  
P.O. BOX 233  
VIENNA, VA  
22183

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Yes, I'd like to support CHO. Enclosed is  
my check for \$\_\_\_\_\_

I'd like to volunteer for:

\_\_\_\_\_

My name and address are:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Send to CHO, PO Box 233, Vienna, VA 22183

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**CHO**

November 2015

The Committee for  
Helping Others



Serving Vienna, Oakton,  
Merrifield, and Dunn Loring