



# CHO

# Newsletter

Serving DUNN LORING, MERRIFIELD, OAKTON & VIENNA areas

Organized in 1969 and supported by churches, civic organizations, and individuals, CHO - The Committee for Helping Others - provides simple, loving charity to persons in need of goods and services which they are unable to provide for themselves or obtain from government services.

**November 2014**

## George's Corner:

**Thanks:** I want to begin by thanking those of you who were able and willing to provide a boost to CHO in response to our September 7 plea. Donations are up at end October in our fiscal year that started on July 1, 2014 in comparison with prior years over the same period. As you are probably aware, donations to charitable organizations are irregular from year to year and in many cases require a lot of faith and hope as well - it is no different for CHO. It is too soon to be able to reliably predict where CHO cash will be at year end - but for now, CHO cash is adequate to finance clients' Emergency Services (rent and utility) bills.

**Thanks again:** What we are sure of is that the need for food, clothing, furniture, emergency assistance for rent and utility payments, and Meals on Wheels continues unabated. At the same time, I am thankful to be able to say that the majority of our patient, diligent, reliable, and sensitive often behind the scenes volunteers carry on as well - Carolyn Mysel, Rebecca Huffman, Mary Cocker, Heather Glynn, Susan Turner, Karl Wilkerson, Jackie Niedermaier, Peg Boag, Kate MacLeod, and Margaret Fischer. The thank you notes you receive keep coming from Cynthia Garner, the Minutes of Meetings keep coming from Betty Little, the Newsletters keep coming from Steve Traut, the Treasurer's Reports keep coming from Bryan Troutman, the myriad emails you receive on all sorts of CHO related topics keep coming from Mike Croghan, the Corporation Commission keeps leaving us alone because of Jack Barbee's attentiveness to what they need from us, our clients keep receiving Meals on Wheels Monday through Friday because of Jim Merfa's dedication, and, as a struggling Chairman, I continue to receive wisdom and support from Stan Ellis who has been an invaluable sounding board and source of knowledge.

We recently put Dan Larkins, who takes your furniture donations and turns them into manna from heaven for hundreds of your more needy neighbors, on (hopefully) temporary disability. I need him back and he is too young to hang up his spurs. And our longest serving truck driver, John Kliewer, who is in his 9<sup>th</sup>

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### **To Contact CHO:**

**Website:**

[www.cho-va.com](http://www.cho-va.com)

**Email:**

[cho@cho-va.com](mailto:cho@cho-va.com)

**Phone:**

**202-681-5279 (Furniture)**

**703-281-7614 (All Other Services)**

*Serving the Community  
1969-2014*

**Committee for Helping Others**

P.O. Box 233 • Vienna, Virginia 22183

## *George's Corner, continued*

decade, is now subbing for us. All of these people have been a blessing to those in need in the Vienna, Oakton, Dunn Loring, and Merrifield area, and beyond. Last, but far from least, I recently accepted the resignation of Susan Gates, our Vice Chair, with heartfelt reluctance - an articulate and passionate supporter of CHO, friend, visionary, and faithful world-beater whose vision is to get local churches working together on a number of projects - she could not implement Envision and give CHO her all at the same time. I miss her perspective and her gumption.

I do not say thanks to each and every Board member often enough. I continue to work on listening to them and actually hearing what they have to say...

**Gradual improvements:** CHO has just begun to provide sorting and organizing assistance from several churches on Saturdays (from 9-11AM) for Jackie and Karl's Monday "regulars" in the Clothes Closet. With a newer truck that does not require a CDL to drive it, we have recruited a few more truck drivers (but need more). We are going to increase the number of helpers (to 3) on the 2<sup>nd</sup> and 4<sup>th</sup> Saturdays from 9-noon for furniture pick-ups beginning in January 2015. And in the absence of CHO's own Transportation program, some of us drive (those over 50) for the Shepherd Center (a

supporter of CHO as well), and efforts are being made to establish closer ties with our member churches. We want to do more...

**Better definition of our need for your time:** As CHO moves forward, we want to do a better job of defining and articulating the specific help we need and when we need it in the Clothes and Food Closets and with Emergency Services. When you and/or your friend agree to provide some part-time help to CHO, and we hope that that part-time help to familiarize you with what CHO "really does" will turn into more part-time or full-time help one day, we want you to be at ease and understand beforehand what you are getting into when you volunteer to help us on that Tuesday morning for 2 hours or that Thursday afternoon for 90 minutes. We need to define those needs within CHO first - **stay tuned, please.**

## **SCOV Thanksgiving Interfaith Service**

Mark Your Calendars. This year's **Thanksgiving Interfaith Service** hosted by the Shepherd's Center of Oakton-Vienna (SCOV) will be held on Tuesday, November 25, at Vienna Baptist Church. This year CHO and Our Daily Bread will share the offering received at the service. Last year CHO received over \$800 as its share of the offering! **Thank you.**

## **N E E D S**

**The CHO Food Closet** is currently in need of canned fruit and applesauce, kids' snacks, pancake mix and syrup, laundry detergent, and diapers sizes 4, 5, and 6. Please call the main CHO phone number, (703) 281-7614, to make an appointment to drop off food.

**The CHO Clothing Closet** always needs clothing for newborns to 6T (girls and boys) and men's work clothes, especially pants (black work pants for restaurant workers) sizes 30 to 36. The Closet is open to receive deliveries at the VPC Condos on Park Street on Monday mornings, or you can make an appointment by calling the main CHO phone number, (703) 281-7614. The Closet is in need of volunteers to work on Monday mornings.

**The CHO Furniture Program** has an ongoing need for beds (all sizes except King), dressers and chests of drawers, sofas and love seats (but no sleep sofas or sectional sofas), dining table/chair sets, microwave ovens, rugs, lamps, baby cribs and mattresses. The Program also collects gently used and new bicycles for the Christmas Store. We do not need coffee tables and end tables, living room chairs, large cabinets, hutches, bookcases, entertainment centers, desks, or desk chairs. We can occasionally use large electric appliances (washers/dryers/refrigerators/stoves) if they are in good working condition. The Furniture Program warehouse, provided by the Town of Vienna, is located in the Northside Maintenance Yard on Mill Street in Vienna. The truck used by the Program was a donation from Fairfax County. The Program is currently in need of additional help for its weekly pickups and deliveries.

## **E V E N T S**

### **CROP Walk**

The 2014 Vienna Crop Walk was held on Sunday, November 9. The CROP Walk is a fundraiser to fight hunger worldwide and in our own community. This year's Walk was the 10<sup>th</sup> Anniversary of the Walk in Vienna. As in previous years, CHO will receive 25% of the proceeds of the 2014 Walk. CHO received over \$8,400 from the 2013 CROP Walk, and since the inception of the Walk in Vienna, CROP has provided about \$50,000.00 to CHO! This year local businesses including **Whole Foods and Bob Evans** held special CROP days to help raise additional funds to fight hunger. Other local businesses and organizations that supported CROP in various ways this year included **CEXEC, Vienna Presbyterian Church, Vienna Rotary Club, Commonwealth Home Remodelers, Body Grace Fitness, John Edwards Hair Design, Orthodontics by Crutchfield**, and many, many others. CROP funds also support Church World Service's (CWS) efforts for emergencies such as earthquakes and floods. There is huge need in the world for the supplies and support which CWS disaster response provides. CROP Walk funds will help. For further details about CROP, please contact Betty Rahal at (703) 281-4032.

### **NFCU 5K Run/Walk**

The Navy Federal Credit Union (NFCU) 5K Run/Walk was held on Saturday morning, September 13, with the usual good turnout. George represented CHO. Proceeds from the race, plus a corporate donation from NFCU, provide a tremendous boost in support of our work every year. **A huge thank you to NFCU!** (See photos of the race elsewhere in this Newsletter.)

### **Annual Committee Reports:**

Below are the reports for each of the Committee for Helping Others (CHO) subcommittees for the July 2013 through June 2014 fiscal year. The purpose of CHO is to provide charity to needy persons in the community. CHO's primary geographic area of charitable work includes Vienna, Oakton, Merrifield, and Dunn Loring, Virginia. The aid provided includes, but is not limited to:

**EMERGENCY SERVICES:** Supplies aid to individuals and families in meeting emergency rent, fuel, utility, dental, and medical bills and other miscellaneous aid.

- During the last fiscal year, 206 utility bills,

251 rent and mortgage bills, 17 medical bills, and 25 miscellaneous bills were paid, for a total of 499 bills paid.

**FOOD CLOSET:** Distributes food and food certificates primarily to persons and families requiring immediate assistance. In addition, Christmas food certificates are distributed.

- In this reporting period, 745 families (2,653 people) were helped, including 254 families (1,072 people) as part of CHO's annual Christmas program. The numbers would have been much larger, but in November we had to reduce clients' visits per month from two to one.

**FURNITURE:** Provides pick up of donated furniture and distribution to families in need.

- During this reporting period, we distributed approximately \$14,000.00 worth of household furnishings and appliances in response to 132 requests.

**CLOTHES CLOSET:** Collects and distributes clothing to the needy.

- During the 2013 - 2014 season, the CHO Clothes Closet served 399 families (1341 individuals). A conservative estimate is that we provided two tons of clothing to clients this season. Volunteers spent 277.5 hours serving clients. Clothes Closet operations were hampered this season by multiple snow events over the winter and flood damage from heavy spring rains. With flood repairs completed, we look forward to more stable operations in the coming season. Note that estimates do not include clients served or hours volunteered outside of normal operational hours.

**TRANSPORTATION:** The CHO Transportation Program has been suspended. All requests for rides are referred to the Shepherd's Center of Oakton-Vienna.

**MEALS ON WHEELS:** Provides meal deliveries from Vienna Presbyterian Church to persons having difficulty preparing their own food.

- During this reporting period 5,100 deliveries were made. At two meals per delivery, a total of 10,200 meals were delivered.



## Navy Federal's 5K Provides Annual support:



**George receiving NFCU check from NFCU President Cutler Dawson and additional NFCU employee supporters of CHO**



**George Bergquist with Supervisor Hudgins**

### Furniture Program Good News/Bad News

CHO was recently delighted to receive the donation of a replacement truck from Fairfax County. Many thanks to **Supervisor Hudgins** and to **Howard Springsteen** for their help in obtaining it for us. The truck will displace the aging vehicle that has served CHO for many years. The new truck is a bit smaller and so will not require drivers to hold a Commercial Driver's License (CDL). It is hoped that this will make recruitment of volunteer drivers easier. Unfortunately, CHO is losing its long time very loyal Furniture Program Chair, Dan Larkins, due to health problems. Therefore, CHO is looking for a volunteer to take over as Chair of the Program.



## Day to Serve

On Saturday, September 20, Karl Wilkerson, Bridgette Beach, and Stan Ellis marshaled volunteers from Oakton United Methodist Church, Oakton Church of the Brethren, and The Church of Jesus Christ of the Latter Day Saints for a Day to Serve event. Volunteers sorted boxes of donated clothing by gender and age. Volunteers also donated both food and clothing. **A huge thank you to all involved!**

## Christmas Program:

The **2014 Christmas Program** distribution day will be Saturday, December 13, at Vienna Presbyterian Church. As always, we need groups or families who are willing to “adopt” needy client families. We also need many volunteers on both program days -- Friday, December 12, starting at 9:00 am to help set up and Saturday, December 13, starting at 8:30 am to help take clients through the store. Please join us this year to help the less fortunate in our community. We are still looking for donations of food cards for adults, gift cards for teens, new toys for children ages 0 to 12, bicycles in good condition, and new or like new clothing. We expect the number of families needing help to continue increasing this year, so our needs are expanding. We are especially in need of new or like new clothing for the Program. Please donate clothes as soon as possible so they can be sorted before the Christmas Store. If you have questions or to let us know that you will be helping with donations or will volunteer for the event, please call Carolyn Mysel at [703-938-7213](tel:703-938-7213). Clothing donations can be dropped at the Clothes Closet any Monday morning or by appointment.



Christmas Store Toy Room Check-in



Christmas Store Toy Setup Helpers

## Notices:

**NOTICE!!** Please send donations **ONLY** to CHO's post office box (P.O. Box 233, Vienna, VA 22183). **DO NOT** send donations to any other address that may have been provided to you. Thank you!

**NOTICE.** If you no longer wish to receive a paper copy of the CHO Newsletter by mail, please let us know by email at [cho@cho-va.com](mailto:cho@cho-va.com) or by leaving a message on the CHO phone line 703-281-7614. The Newsletter is issued twice a year, usually in May and November. Shortly after going into the mail, a PDF version is available at our website [www.cho-va.com](http://www.cho-va.com).



CHO, INC  
ANNUAL REPORT  
7/1/2013 THRU 6/30/2014

	7/1/2013 <u>Balance</u>	6/30/2014 <u>Balance</u>	Increase or (Decrease)
<u>Bank Accounts</u>			
Checking	\$52,255.59	\$22,486.85	(29,768.74)
EMERGENCY FUND	<u>\$21,145.36</u>	<u>\$21,155.94</u>	<u>\$10.58</u>
TOTAL Bank Accounts	\$73,400.95	\$43,642.79	(29,758.16)

CASH FLOW

RECEIPTS

CHURCH ORGANIZATIONS		
VIENNA BAPTIST CHILDREN'S CENTER	\$361.30	
VIENNA PRESBYTERIAN WOMEN	\$815.00	
VPC SWATT TEAM	\$721.00	
WOMEN OF HOLY COMFORTER CHURCH	\$1,500.00	
WOMEN OF WESLEY METHODIST CHURCH	<u>\$100.00</u>	
TOTAL CHURCH ORGANIZATIONS		\$3,497.30
CHURCHES		
ANDREW CHAPEL	\$358.00	
ANTIOCH CHRISTIAN	\$500.00	
CHURCH OF THE HOLY COMFORTER	\$2,500.00	
CHURCH OF THE HOLY CROSS	\$1,200.00	
EMMANUEL LUTHERAN	\$4,274.75	
EMMAUS UNITED CHURCH OF CHRIST	\$416.67	
EPIPHANY METHODIST	\$257.00	
CHURCHES:FIRST BAPTIST CHURCH OF VIENNA	\$1,000.00	
CHURCHES:MENNONITE	\$500.00	
OAKTON CHURCH OF TH BRETHREN	\$625.00	
OAKTON METHODIST	\$92.51	
PRIMITIVE BAPTIST	\$240.00	
PROVIDENCE BAPTIST	\$1,419.00	
ST. MARK'S	\$5,000.00	
VIENNA BAPTIST CHURCH	\$2,492.75	
VIENNA PRESBYTERIAN CHURCH	\$17,225.00	
WESLEY METHODIST	<u>\$3,100.00</u>	
TOTAL CHURCHES		\$41,200.68
EXXON MOBIL CORP		\$1,000.00
INDIVIDUALS		\$33,159.00
INTEREST CHECKING		\$3.88
OTHER ORGANIZATIONS	\$1,246.92	
AARP VIENNA CHAPTER #754	\$100.00	
AIDP DC METRO CHAPTER	\$300.00	
CROP WALK	\$8,349.09	
EXXON-MOBIL CORPORATION	\$4,035.77	
GIRL SCOUT TROOP 6310	\$500.00	
NAVY FEDERAL CREDIT UNION	\$20,000.00	
NORTHERN VA. MODEL RAILROADERS	\$165.00	
OPTIMIST CLUB	\$750.00	
VINTAGE LADIES-LADY FAIRFAX	\$100.00	
ROTARY CLUB OF VIENNA	\$5,000.00	
SHEPHERDS CENTER OF OAKTON	\$820.05	
SMALL BUSINESS	\$200.00	
STUFF THE BUS	\$241.13	

TOWN OF VIENNA	\$1,500.00		
Verizon Foundation	\$50.00		
VIENNA ARTS SOCIETY	<u>\$375.00</u>		
TOTAL OTHER ORGANIZATIONS		<u>\$43,732.96</u>	
TOTAL INFLOWS			<u>\$122,593.82</u>

#### DISBURSEMENTS

ADMINISTRATION			
BANK FEE	\$60.00		
BROCHURES AND NEWSLETTERS	\$1,189.83		
CHECK PRINTING	\$251.19		
CHO Telephone	\$500.36		
INSURANCE	\$1,592.00		
POSTAGE	<u>\$278.00</u>		
TOTAL ADMINISTRATION		\$3,871.38	
Application Fee		\$150.00	
CHRISTMAS PROGRAM		\$3,127.87	
CLOTHES CLOSET		\$37.82	
FOOD	\$59.96		
FOOD:SUPPLIES	<u>\$34.03</u>		
TOTAL FOOD		\$93.99	
FURNITURE PROGRAM			
DIESEL FUEL	\$223.44		
PROP. TAX	\$185.16		
TRUCK INSURANCE	\$1,393.00		
TRUCK REPAIR	<u>\$227.12</u>		
TOTAL FURNITURE PROGRAM		\$2,028.72	
MEDICAL		\$3,598.30	
MISCELLANEOUS ASS'T			
AUTO REPAIR	\$2,444.10		
DENTAL BILL	\$540.00		
FUNERAL	\$600.00		
FURNITURE & EQUIPMENT	\$235.00		
GASOLINE	\$300.00		
HEATER	\$94.79		
LEGAL FEE	\$50.00		
TAXI VOUCHERS	<u>\$300.00</u>		
TOTAL MISCELLANEOUS ASS'T		\$4,563.89	
RENTAL ASS'T		\$80,073.90	
UTILITY ASS'T			
ELECTRIC	\$35,856.12		
FUEL OIL	\$1,484.90		
GAS	\$10,758.45		
Water	<u>\$6,717.22</u>		
TOTAL UTILITY ASS'T		<u>\$54,816.69</u>	
TOTAL DISBURSEMENTS			<u>\$152,362.56</u>
OVERALL TOTAL			(29,768.74)

*****			
	Balance	Balance	Increase or
	<u>6/30/2013</u>	<u>6/30/2014</u>	<u>(Decrease)</u>
MORELAND FUND	\$88,995.02	\$88,997.98	\$2.96
*****			

The amount described as "Moreland Fund" was left to CHO as an endowment by one of our co-founders, Dan Moreland. Mr. Moreland was very specific as to the use of these funds. For that reason, this endowment cannot be and is not considered part of CHO's day to day or emergency operations account.

C.H.O.  
P.O. BOX 233  
VIENNA, VA  
22183

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PRESORTED  
STANDARD  
U.S. POSTAGE  
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DULLES, VA

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**C H O**

November 2014

The Committee for  
Helping Others



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Yes, I'd like to support CHO. Enclosed is  
my check for \$\_\_\_\_\_

I'd like to volunteer for:

\_\_\_\_\_

My name and address are:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Send to CHO, PO Box 233, Vienna, VA 22183

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Serving Vienna, Oakton,  
Merrifield, and Dunn Loring